

## **Trust Board Paper R**

| To:             | Trust Board  |
|-----------------|--|
| From:           | Rachel Overfield, chief Nurse                            |
| Date:           | 30 January 2014  |
| CQC regulation: | Outcome 1, 4, 16   |
| regulation.     |  |
| Title:          | National CQUIN requirements: Support and Information for |

Title: National CQUIN requirements: Support and Information for Carers of Patients with Dementia

## **Author/Responsible Director:**

Lesley Hale, Dementia Screening CQUIN, Education and Practice Development Sister **Purpose of the Report:** To brief Trust Board on the results of the survey to establish if the carers of people with dementia feel supported by UHL.

## The Report is provided to the Board for:

| Decision  |   | Discussion  | Х |
|-----------|---|-------------|---|
| Assurance | Х | Endorsement |   |

**Summary** / **Key Points:** The carer's survey is conducted to establish if the carers of people with dementia feel supported by UHL. The baseline survey results highlighted the areas that require improvement and identified the appropriate actions. The reaudited data shows significant progress but also highlights that further improvements can be made.

**Recommendations:** Trust Board is asked to support the on-going achievement of the National CQUIN requirements focused upon carers of patients with dementia.

Previously considered at another corporate UHL Committee? Executive Quality Board

Board Assurance Framework: N/A Performance KPIs year to date: N/A

Resource Implications (eg Financial, HR): Requires on-going CQUIN funded support

**Assurance Implications: N/A** 

Patient and Public Involvement (PPI) Implications: N/A

Stakeholder Engagement Implications: N/A

Equality Impact: N/A

Information exempt from Disclosure: N/A

**Requirement for further review?** Will form part of the Trust level Dementia Implementation Plan 2014

## **University Hospitals of Leicester NHS Trust Report**

**REPORT TO:** Trust Board

**REPORT FROM:** Lesley Hale, Dementia Screening CQUIN, Education and

Practice Development Sister

**SUBJECT:** CQUIN Pre-Requisite Criteria 2013/14

National 3.3 Dementia Supporting Carers and PR 1.3 Carers

Information Report

**DATE:** 30 January 2014

#### 1.0 Introduction

1.1 National CQUINs in the NHS Standard Contract 2013/14 to ensure that the carers of our patients with dementia feel supported by the trust.

This includes a carer's survey, feedback and results from the audits should be actioned to ensure improvements.

| Ref              | Title in<br>Brief    | Indicator Title and Detail   | Threshold   | QS RAG / CQUIN<br>Payment Mech   | Reporting Frequency                |
|------------------|----------------------|--|---|--|------------------------------------|
| National<br>3.3a | Dementia<br>- Carers | 3.3. Ensuring carers of people with dementia feel adequately supported | 3.3a Monthly audit of carers of patients with dementia 3.3b Reporting of survey findings to the Board | Q1 & Q3<br>100% Monthly audit<br>undertaken<br>Q2 & Q4<br>100% Monthly audit<br>undertaken and report<br>biannually to the Board | Quarterly /<br>Narrative<br>Report |

### 2.0 Commentary on Performance

The carer's survey has now been conducted in all CMG's and all baseline data collected. We are now in the re-audit process to assess how we have improved on the support that we offer carers of people with dementia in UHL. The re-audit has also been conducted in Medicine and respiratory wards and the data collated. The baseline and re-audit survey was conducted on a monthly rotational basis. The ward dementia link nurse/champion completes the surveys with the carer or relative of a patient with a confirmed dementia diagnosis.

The baseline data showed many examples of excellent support and dementia care but also highlighted areas for improvement. The majority of the carers of a person with dementia felt supported by UHL. The data collected shows that carers feel that staff in clinical areas have a good understanding of dementia and they are encouraged to have input into their relatives care whilst they are in hospital.

The key themes identified to improve the support we offer to carers are mainly based around communication. Actions to improve these results will be raising the profile of the patient profile, improving the information we give to carers and relatives about

Paper R.doc Page 1 of 5

dementia and about the patient's medical condition and by involving and informing carers and families in discharge planning arrangements.

Since the collection of the baseline data each ward that has been involved in the carer's survey has been asked to ensure that they have a process in place to ensure that the carer or relative has access to a patient profile. Examples of these processes are identifying those patients who would benefit from a profile at the board round, part of the dementia champions role, ward display and some admission areas include the profile in the admission pack.

Wards involved in the survey are also ensuring that the UHL dementia leaflet is available in their area. Each ward currently has leaflets available on their wards and has a nominated staff member responsible to order more stock.

November 2013 was the first of the re-audits and was completed in medical wards including wards that specialise in care of the elderly wards. The results of this audit show some excellent improvements. 100% of carers surveys felt supported by UHL. In these areas the use of the patient profile has improved greatly. The only low figure is about the UHL dementia leaflet. It is available in all of these areas but consideration to the location of the leaflets may lead to improvements in this area.

The patient profile has recently had a lot of publicity and one avenue for this is in the dementia category B awareness training. Two of the wards surveyed also have a Meaningful Activity Coordinator which from the additional comments made by the carers has improved dementia care in those areas considerably.

December 2013 was the second month of re-audit and was conducted on respiratory wards. These results showed improvements in the majority of all areas. Overall the carers on these wards felt supported by the carers of people with dementia felt supported in these areas. The use of the patient profile and UHL dementia leaflet has also improved.

The carer's survey re-audit is currently being conducted in Cardiology and Renal wards for January 2014.

Audit Plan 1<sup>st</sup> April 2013 – 31<sup>st</sup> March 2014

| Baseline Audit |   |
|----------------|---|
| April 13       | Ward 36 LRI – Trial                                 |
| May 13         | Older Peoples wards – Speciality Medicine           |
| June 13        | Speciality Medicine                                 |
| July 13        | Respiratory   |
| August 13      | Cardiology and Renal                                |
| September 13   | Trauma  |
| October 13     | Surgery   |
| Re-Audit       |   |
| November 13    | Speciality Medicine (including Care of the Elderly) |
| December 13    | Respiratory   |
| January 13     | Cardiology and Renal                                |
| February       | Trauma  |
| March 13       | Surgery   |

Paper R.doc Page 2 of 5

## 3.0 Quarter 3 performance

# Carers Survey 2013/14 Data.

|  | Quarter 1      |                           |                | Quarter 2   |                         |                        | Quarter 3 |          |             |
|--|----------------|---------------------------|----------------|-------------|-------------------------|------------------------|-----------|----------|-------------|
| % of carers that   | Ward 36        | Older<br>peoples<br>wards | Medicine       | Respiratory | Cardiology<br>and Renal | Trauma<br>Orthopaedics | Surgery   | Medicine | Respiratory |
| Felt supported   | 50%            | 60%                       | 60%            | 33%         | 50%                     | 80%                    | 50%       | 100%     | 100%        |
| Were asked for their input                                 | 100%           | 87%                       | 100%           | 83%         | 50%                     | 80%                    | 50%       | 82%      | 100%        |
| Were asked to complete a patient profile                   | 0%             | 40%                       | 40%            | 33%         | 50%                     | 80%                    | 50%       | 82%      | 33.3%       |
| Were permitted to visit outside of set visiting times      | 100%           | 100%                      | 100%           | 83%         | 50%                     | 60%                    | 100%      | 82%      | 100%        |
| Were updated on medical treatment                          | 50%            | 28%                       | 50%            | 33%         | 50%                     | 40%                    | 100%      | 100%     | 33.3%       |
| Were involved in discharge planning                        | 0%             | 60%                       | 60%            | 50%         | 50%                     | 80%                    | 50%       | 100%     | 66.6%       |
| Were given a UHL dementia leaflet                          | 0%             | 33%                       | 30%            | 33%         | 100%                    | 20%                    | 50%       | 36.5%    | 33.3%       |
| Could find someone is discuss their worries and fears with | 100%           | 80%                       | 90%            | 83%         | 50%                     | 80%                    | 100%      | 100%     | 66.6%       |
| Felt that staff had a good understanding of dementia       | 75%            | 60%                       | 70%            | 83%         | 100%                    | 100%                   | 75%       | 82%      | 66.6%       |
| Month of re-audit  | November<br>13 | November<br>13            | November<br>13 | December 13 | January 14              | February 14            | March 14  |          |             |

Paper R.doc Page 3 of 5

# Carers Support Action Plan - Supporting the Carers of People with Dementia

| Ref         | Area for Improvement   | Action to be taken  | Lead for<br>Action            | Action<br>Completion<br>Deadline          | Progress<br>RAG | Progress update/comment  |
|-------------|--|---|-------------------------------|---|-----------------|--|
| 1a          | Provide the carers of people with                            | Ensure leaflets are available on all areas  | Sue Mason                     | April 2013                                | 5               | Action complete  |
| 1b          | dementia with a<br>UHL information<br>leaflet                | Identify a ward specific process to ensure that relatives and carers have access to the UHL dementia leaflet                                      | Lesley Hale                   | August<br>2013                            | 5               | Action complete Processes include  • Ward display  • Identification at board round       |
| 1c          |  | Identify a member of staff responsible for re-ordering leaflets   | Lesley Hale                   | August<br>2013                            | 5               | Action completed   |
| 2a          | Improve the use of the patient profile for all patients with | Each ward to identify a process to identify the patient who require the patient profile and ensure that the carer has the opportunity to complete | Lesley Hale                   | August<br>2013                            | 5               | Action complete. Discussed with each ward sister and dementia link nurse where available |
| 2b          | dementia   | Ensure patient profile and guidance is available on all wards   | Lesley Hale                   | August<br>2013                            | 5               | Action complete. Displayed on ward or in dementia recourse folder/drawer                 |
| 2c          |  | Provide education on the patient profile on dementia awareness and dementia champion training   | Martyn<br>Deighton<br>DATAG   | June 2015                                 | 5               | Training plan ensures all relevant staff groups will be trained by June 2015             |
| 2d          |  | Re-audit of the patient profile. Actions to be set to re-launch the profile   | Patient<br>Experience<br>team | January<br>2014                           | 4               |  |
| Status key: | 5 Complete 4   | On track  Some delay-expect to complete as planned or implemented but not consistently delivering   |                               | nt delay – unlikely to be<br>d as planned | 1 Not yet comme |  |

Page 5 of 5-

| Ref | Area for Improvement   | Action to be taken   | Lead for<br>Action                                  | Action<br>Completion<br>Deadline | Progress<br>RAG | Progress update/comment   |
|-----|--|--|---|----------------------------------|-----------------|---|
| 3a  | Ensure that the relatives of patients with dementia are involved in discharge planning   | Care coordinator for all areas to communicate with carers to involve and inform them of discharge plans  | Lesley Hale   | August<br>2013                   | 5               | Discussed with Ward<br>Sisters and Matrons to<br>encompass this as<br>part of care<br>coordinator role  |
| 4a  |  | Ensure that all staff within the relevant areas attend dementia awareness training category A and B  | Martyn<br>Deighton                                  | June 2015                        | 4               | Training plan ensures all relevant staff groups will be trained by June 2015  |
| 4b  | Improve dementia<br>awareness,<br>knowledge and<br>understanding in<br>clinical practice | Promote the Dementia Champions network. Becoming a Dementia Champion is voluntary and the training to become a champion complements category A and B dementia awareness training | Patient Experience Team  Dementia champions network | At all times                     | 4               | Ward Sisters to<br>encourage staff with a<br>dementia interest to<br>sign up to the<br>Dementia Champions<br>network. Promoted at<br>category B awareness<br>training |
| 4c  |  | Introduce a communication symbol to identify patients with dementia in order to promote appropriate communication  | Quality<br>Commitment                               | June 2013                        | 4               | Pilot complete. Currently introducing on sample of wards  |

DATAG = Dementia awareness training action group (Cascade trainers of dementia awareness category A and B training and working group to ensure training is appropriate to audience and fit for purpose)